

Who Am I?

Overview:

Knowing "who you are" is a very first step and essential before entering your new vocation, a life hood of a Knight of the Eucharist.

- There are things you cannot change about who you are, such as your parents, siblings, grandparents, date of birth, place of birth,...
- There are things you can change from time to time and it is totally up to you to decide your changes such as your friends, spouse, health, faith, knowledge, education, career, ...

What Would Jesus Do:

***I AM the Bread of Life.** He who comes to Me will never go hungry, and he who believes in Me will never be thirsty. (JOHN 6:35)*

***I AM the Light of the World** Whoever follows Me will never walk in darkness, but will have the light of life (JOHN 8:12)*

***I AM the Gate** Whoever enters through Me will be saved. He will come in and go out, and find pasture. (JOHN 10:9)*

***I AM the Good Shepherd.** The Good Shepherd lays down his life for the sheep (JOHN 10:11)*

***I AM the Resurrection and the Life** He who believes in Me will live, even though he dies; and whoever lives and believes in Me will never die (JOHN 11:25)*

***I AM the Way and the Truth and the Life.** No one comes to the Father except through Me (JOHN 14:6)*

***I AM the Vine.** You are the branches. If a man remains in Me and I in him, he will bear much fruit; apart from Me you can do nothing (JOHN 15:1,5)*

Jesus had repeatedly declared who "He Is" to affirm His Deity and to confirm His mission to the world. His "I AM" statements are What He Became.

1. Explore It

All of us are fundamentally mysterious. We can never tell fully who we are because there is so much to us. We change. We grow. What we were yesterday might be a bit different from what we are today. But we can say something about ourselves by using some familiar images.

Which image in each of the following pairs is more appropriate for you? Circle your choice.

I see myself more like a _____ than a _____.

Lion.....Lamb

mountain.....valley

rose.....dandelion

question mark.....period

waterfall.....quiet brook

rock song.....symphony

eagle.....duck

guest.....host

sunset.....sunrise

2. Record It

Fill in the following blanks to make a short autobiographical story – my story

My name is _____. I was _____ in _____ (city).

My patron saint is _____. My parents selected my name and my patron saint because _____.

The most significant experience of my life was the time when _____.

The person who has most influenced my life is _____ because he/she _____.

My best friend is _____ because he/she _____.

In my faith life, Jesus Christ is _____.

For me, the Catholic Church means _____.

Right now in my life I am questioning _____.

3. **Share It!**

Choose a partner, then share your story and your responses to question number 1 with your partner.

4. **Do It!**

Make a Youtube video to share your story with other Knights of the Eucharist.